

2026 PASSION WEEK FAST AND PRAYERS: FRI. 3RD APRIL

Exalt God in worship and thanksgiving. Magnify the name of Jesus Christ and show appreciation for His

1. Thank God for this last day of fast and prayer. Glorify the Lord Jesus Christ and pray that He will be present to receive thanksgiving as we continue commemoration of His Passion. Ask for His mercy, forgiveness and purification from sins. Thank the Holy Spirit and ask His guidance for the day's time of prayer. Ask the Lord to speak and enable His glory saturate our homes and our gathering in the evening. [Hebrews 9:13-14](#); [Psalm 103:1-3](#); [John 16:3](#); [Habakkuk 2:14](#)
2. Jesus Christ made a critical statement in John 19:11 "Thou couldest have no power at all against me, except it were given thee from above: therefore he that delivered me unto thee hath the greater sin. " His Passion experience only took place because it was divinely ordained. Thank God for the divine arrangement that made this be reality because it was only through this that salvation became possible. [John 19:1-11](#), [10:18](#)
3. Pilate quickly backed down from saving Jesus Christ from the impending judgement because he did not want to be seen as being an enemy of Caesar. Personal interest overcame. Pray that you will be willing to go the length in all matters that God calls you to regardless of how it challenges your personal position. Thank the Lord Jesus Christ for giving it all without thought about Himself. [John 19:12-13](#)
4. The people continued asking for His crucifixion loudly declaring that they had no other king but Caesar. They denied His Kingship just like the Israelites who sought for a human king like the heathen nations around them. Glorify Jesus Christ as King, adore and praise Him. Worship Him in whatever ways come to your mind. Ask the Holy Spirit to enable you daily recognise and exalt His sovereignty and that His authority will manifest in your life. [John 19:15](#); [Revelation 19:16](#); [Philippians 2:10](#)
5. Jesus Christ was made to bear the cross before Simon of Cyrene was compelled to carry it, not because they cared for Jesus' welfare but because they did not want Him to die on the way. He on the contrary cared. He was crucified between two criminals as was prophesied. The passerby mocked Him and challenged Him to get off the cross. His pain meant nothing. Thank the Lord Jesus Christ for taking your place and receiving torture and mockery for your sake. Thank Him that He did not vacate the cross before full atonement was made for your sins. [Mark 15:21-30](#); [1 Peter 2:24](#); [5:7](#); [1 John 4:10](#)

6. On the cross he still showed love to the repentant criminal, His pain did not stop His character. At the 6th hour there came darkness on the land and the 9th hour He let out a cry, “My God, my God, why have you forsaken me?” He was given sour wine rather water, He thereafter gave up the ghost. He suffered for hours on the cross in excruciating pain. Thank Him for the Love that has been shown us and shed abroad in our hearts. Ask the Holy Spirit to help you daily understand that you are greatly loved and to also show this love to others. Thank God for the faithful men and women who ensured He got a decent burial regardless of the threats. Pray that you also be counted as a faithful child of God. [Mark 19:33-46](#); [Hebrews 9:22](#); [Romans 5:5](#); [1 John 4:19](#)

7. One of the centurions seeing the various elements of nature surrendering, acknowledged that, indeed this was the Son of God! His power still spoke at His death. Declare that God’s power will speak in all seasons in your life. Pray that those He died for will understand that it is only Jesus Christ that they need. Thank the Lord for bringing the world hope, life, mercy and grace. Thank God for enabling these days of fast and possibility to appreciate His Son. Thank the Lord for making us co-heirs with Him. Invite Him to be in our midst, enable us enjoy deep time of fellowship. [Romans 8:16-17, 10:13](#); [Ephesians 2:12](#); [Psalm 17:6](#); [1 John 3:1](#)